

# Every family faces challenges at some point.

Family and Child Connect can help you get the support you need to make things better for you and your family.

It's confidential, free and worth the call.

Contact us

**13-FAMILY 13-32-64**

**familychildconnect.org.au**

family and child connect

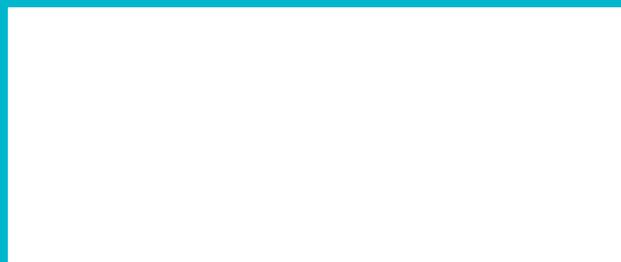
## How you can help others

Are you worried about someone else? Maybe it's your adult kids and grandkids, a family at school or your friend at work? You can help them get the support they need.

One of the best ways you can help is by starting a conversation — it might be the first step in getting them the help they need.

So talk to them and encourage them to contact Family and Child Connect to get some advice and support for their situation.

I  
really  
love  
my  
kids



**13-FAMILY 13-32-64**

**familychildconnect.org.au**

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..... **but I  
need help.**

## How we can help

Family and Child Connect can give you and your family a hand to get back on track by connecting you to the services you need. We'll talk with you about your situation and work out the type of support you might find helpful for you and your family.

We can connect you to local services that can help with:

- managing your child's behaviour
- building better family relationships
- stopping any violence at home
- budgeting and managing money
- alcohol, drug or gambling problems
- housing, health care or other community or government services.

Family and Child Connect services are provided by trusted, local organisations who are experienced in working with families.

You can use this service as often as you need. There is no limit and no cost.



## What happens when you call?

When you contact us at Family and Child Connect you'll speak with an experienced family support worker who will listen to your concerns and undertake a full assessment of your family's situation. Every family is different so when you speak with us you will get advice and support specific to your situation.

We may be able to help you in just one phone call — either by providing advice or referring you to a support service — or we might arrange to visit you at home or a safe place to talk. You can also talk with a domestic violence support worker.