Welcome back to term 4. We hope you had an enjoyable Spring break and we look forward to a busy and productive last term for 2016. Term 4 is when we celebrate and acknowledge the achievements of our students at a number of events including Dance and Music nights, Academic Excellence Awards evenings and our Year 6 Graduation. We look forward to your continued support of our students and school at each of these events.

Preparations for 2017: A reminder that all families should have received their re-enrolment packages last term with the following closing dates:

- 2017 Confirmation of Enrolment form – due to office by Friday 14 October.
- 2017 Booklists – Tweed Stationery will be onsite on 19 and 21 October to take cash and EFTPOS payments from 8:00 – 9:30 am. All other Cheque or Credit Card payments can be submitted to the office, the last day being Wed 26 October.
- 2017 Student Resource Scheme - $120 early bird payment per child closes Friday 18 November.
- 2017 Family Contribution – $60 early bird per family payment closes Friday 18 November.

Dance and Music Nights: Over the coming two weeks we showcase the amazing talents of Clover Hill students at our Dance and Music Nights. It is a wonderful way to celebrate their growth in these artist fields. Thank you to all the families who plan to come along to be entertained by our performers. We thank you not only for your attendance but also for your ongoing support of the program and your children’s practice. Thank you also to Mrs French and Miss Carty for their work with our dancers and to Mrs Jalilian, Mrs Krick and Mr Florey for their work with our choirs and musicians. We’d like to also acknowledge our staff who have volunteered their time to assist with the running of the evenings.

What’s On?

- Monday 17 October – Student Free Day
- Friday 28 October – Day for Daniel
- Friday 18 November – Early Bird payments close
- Friday 25 November – Last day for payments for 2016. Payment window will be CLOSED from this day
- Wednesday 30 November- Christmas Concert 6pm
- Wednesday 7 December- Reports will be emailed
- Friday 9 December- Last Day of 2016
- Monday 23 January 2017 – School resumes for 2017

From the Principal

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Prep 2017: Our Prep Information Session for this year has been set for Saturday 12th November. We will be trialling a new format to this session and look forward to welcoming our existing and new families to this event. Although this is not till next month, parents are asked to make note of the date. Flyers will be distributed to the various child care centres to promote the Prep Information morning. Also during this term we are planning to hold some Prep Orientation mornings for 2017 Prep students. More details will be provided shortly. Parents are asked to help promote Prep at our school and recommend that their family and friends visit Clover Hill to check out what a great school we have!

World Teachers' Day: 28 October: Celebrated in over 100 countries, World Teachers' Day acknowledges the efforts of teachers in an increasingly complex, multicultural and technological society. It is a day where students, parents and community members can demonstrate their appreciation for the contributions that teachers have made to their community. Please join us in celebrating 'World Teachers' Day on Friday 28 October by thanking our staff!

'Day for Daniel' (Morcombe): Friday 28th October is Day for Daniel which aims to make the world a safer place by focusing on child safety awareness and education. Show your support for Day for Daniel by incorporating red into your Friday outfit. Student Council will once again be holding a gold coin ‘wear red shirt and/or accessories’ school fundraiser on this day. www.dayfordaniel.com.au

Uniform Shop: The uniform is well stocked in preparation for 2017. We remind all parents of our high expectations in maintaining our uniform standards. The uniform shop is open each Tuesday and Thursday morning between 8:15 and 10:30 a.m.

Every Day Counts: A reminder that learning time starts at 8:55am and every day/every minute counts so please ensure that your children are at school on time and that they attend school every day.

| He/ She is only missing just.... | That equals.... | Which is..... | & over 13 yrs. of schooling that’s...
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<td>Nearly 1.5 wks. per yr.</td>
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<td>20 mins per day</td>
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Have a great fortnight!
Regan Gant (Acting Principal)

DATE CLAIMERS
- Thursday 13 October Clover Hill Dance Night – Hall
- Monday 17 October Student Free Day
- Thursday 20 October Music Night - Hall
- Friday 21 October Dance Ed in the Spotlight
- Friday 28 October Day for Daniel, World Teachers Day
- Tuesday 1 November School Captains visit Parliament House
- Friday 11 November Remembrance Day
- Saturday 12 November Prep Community Morning Tea
- Wednesday 16 November Junior Awards Excellence Evening – Hall
- Thursday 17 November Senior Awards Excellence Evening – Hall
- Tuesday 22 November Orientation Sessions
- Wednesday 30 November Christmas Concert – Oval
- Friday 2 December Senior Swimming Carnival
- Monday 5 December Junior Swimming Carnival
- Wednesday 7 December Year 6 Graduation, Semester 2 Reports Emailed
- Wednesday 8 December Year 6 Big Day Out
- Friday 9 December Last Day 2016

Expect Excellence
Resilience is shown when young people are able to stop themselves from getting extremely angry, down, or worried when faced with challenging events and difficult situations and people. Resilience means being able to control your behaviour when very upset without fighting or withdrawing for too long. It also means being able to calm down after having been upset and bouncing back to work and being with other people. Research has indicated that, in conjunction with cognitive competence (e.g., reading, writing, and critical thinking skills), social-emotional competence (e.g., collaboration skills, motivation, and study skills) is an important predictor of academic achievement (e.g., DiPerna and Elliot 2002).

We all can develop resilience, and we can help our children develop it as well. It involves behaviours, thoughts and actions that can be learned over time. Following are tips to building resilience.

1. Make connections
Teach your child how to make friends, including the skill of empathy, or feeling another's pain. Encourage your child to be a friend in order to get friends. Build a strong family network to support your child through his or her inevitable disappointments and hurts.

2. Help your child by having him or her help others
Children who may feel helpless can be empowered by helping others. Engage your child in age-appropriate volunteer work, or ask for assistance yourself with some task that he or she can master.

3. Maintain a daily routine
Sticking to a routine can be comforting to children, especially younger children who crave structure in their lives. Encourage your child to develop his or her own routines.

4. Take a break
While it is important to stick to routines, endlessly worrying can be counter-productive. Teach your child how to focus on something besides what's worrying them. Be aware of what your child is exposed to that can be troubling, whether it be news, the Internet or overheard conversations, and make sure your child takes a break from those things if they trouble them.

5. Teach your child self-care
Make yourself a good example, and teach your child the importance of making time to eat properly, exercise and rest. Make sure your child has time to have fun, and make sure that your child hasn't scheduled every moment of his or her life with no "down time" to relax. Caring for oneself and even having fun will help your child stay balanced and better deal with stressful times.
6. Move toward your goals
Teach your child to set reasonable goals and then to move toward them one step at a time. Moving toward that goal — even if it’s a tiny step — and receiving praise for doing so will focus your child on what he or she has accomplished rather than on what hasn’t been accomplished, and can help build the resilience to move forward in the face of challenges.

7. Nurture a positive self-view
Help your child remember ways that he or she has successfully handled hardships in the past and then help him understand that these past challenges help him build the strength to handle future challenges. Help your child learn to trust himself to solve problems and make appropriate decisions. Teach your child to see the humour in life, and the ability to laugh at one’s self.

8. Keep things in perspective and maintain a hopeful outlook
Even when your child is facing very painful events, help him look at the situation in a broader context and keep a long-term perspective. Although your child may be too young to consider a long-term look on his own, help him or her see that there is a future beyond the current situation and that the future can be good. An optimistic and positive outlook enables your child to see the good things in life and keep going even in the hardest times.

9. Look for opportunities for self-discovery
Tough times are often the times when children learn the most about themselves. Help your child take a look at how whatever he is facing can teach him “what he is made of.”

10. Accept that change is part of living
Change often can be scary for children and teens. Help your child see that change is part of life and new goals can replace goals that have become unattainable.
Sport News

We have been fortunate enough to be able to offer a 4 week hockey programme to students from Years 2 to 6 during their PE lessons. These lessons will run from Week 2 until Week 5, Term 4.

Great to see a positive result with the number of students participating in Year 3 to 6 swimming. Please remember students require the following for their swimming lessons each week:

Swimmers (girls MUST have a one-piece, board shorts are acceptable for boys)

Swimming Shirt or Rashie

Swimming caps

Goggles

Underwear to change into after swimming lessons

Sunscreen for sun protection while in the water

A broad-brimmed hat (NO caps) for sun protection while not in the water

We have Mr. Smith joining the PE team in Weeks 1 to Week 5. Mr. Smith is from Griffith University and is completing his Practicum Placement with us here at Clover Hill. Welcome Mr. Smith.

Also, a reminder that as the weather heats up, students must come to PE lessons with their hats and a drink bottle. The NO hat, No play policy also exists for PE lessons.

Thank you for your support,

Cherie McKeon and Britt Murray.

Year 4 Inter-house Sport Wrap up

Congratulations to the Year 4 students who have just finished their inter-house sport competition in Touch Football, Futsal, League Tag and Dodgeball. The sportsmanship shown over the past two terms has been outstanding and all students are to be commended on their efforts. A big thank you goes to the Year 4 teachers and House Leaders (Jaxon L, Olivia F, Emma D, Ella G and Joel B) who ensured the games were played fairly. The winner of the Year 4 Inter-house sport was... Dingo with 340 points, 2nd place was Koala with 270 points, 3rd was Wallaby with 260 points, and Jabiru contributed 250 points towards the overall house shield.
Welcome back from the P&C team!
This term the fundraiser is our most exciting - End of year Christmas Concert!
We will be sending out flyers in the coming weeks to request hamper prize donations and helpers
before, during and after the event.

Aussie Hoops Basketball Program

Held on a Friday morning from 7:30 am at the Multi Purpose Courts. Please register first.

Please register by visiting www.aussiehoops.com.au and typing "4213" into the post code locator.

Boy's registration: https://membership.sportstg.com/regoform.cgi?formID=61723&programID=466

Girl's registration: https://membership.sportstg.com/regoform.cgi?formID=61723&programID=466