

Drinks

Up & Go	\$1.50	Calci-yum Flavoured Milk	\$1.20
☉ Water	\$1.00	<i>(Choc, Strawberry, Banana)</i>	
Poppers	\$1.10	Slush Puppie	\$1.50
<i>(Orange, Apple, Apple & Blackcurrant)</i>		<i>(Raspberry, Strawberry, Grape, Lemon/Lime)</i>	
Berri Juices	\$1.80	Aroona Mineral Water	\$1.20
<i>(Orange, Multi V, Apple, Apple & Blackcurrant)</i>		<i>(Orange, Lime, Raspberry, Blue)</i>	

Mini Meals

\$2.90 each



Key to ordering on this menu:

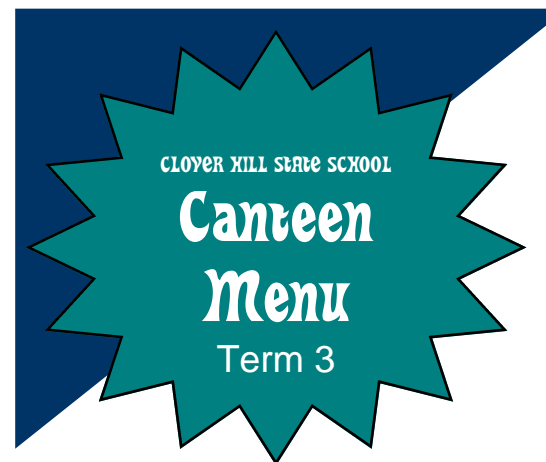
☺ = **Smart choice green**
“GO” food. Eat plenty!

All other food on this menu should be eaten in moderation as per the Smart Choice “Healthy Food” Strategy.

Check Newsletter for Fridays “MEAL DEALS”

If you have any questions about this menu or the items contained within it, please contact the school on (07) 5559 4152.

Menu approved by P&C Association
as @ 20th July 2009

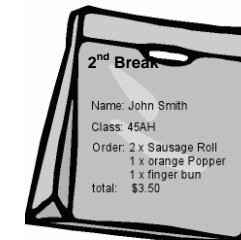
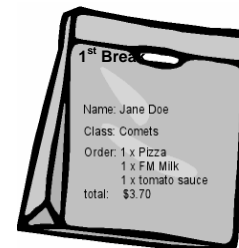


TUCKSHOP HOURS
8:30am – 1:30pm

We have a new Tuckshop Convenor - Welcome Kelly Wilson! And with a new Tuckshop Convenor comes a **NEW MENU**. Kelly would like to welcome new helpers in the tuckshop even if it is for 1/2 hour - especially to help with serving at meal breaks. It's a great way to support your children and your school and at the same time meet some fabulous people. Please visit and share a cuppa!

HOW TO ORDER

- **SEPARATE BAGS FOR FIRST AND SECOND BREAK.**
- Please identify clearly with a large 1 or 2 (as per example below)
- Place money in bags, any change will be taped to the inside of bag.
- Please have orders in at tuckshop before school commences.
- Tuckshop bags can be purchased for 10c.
- **Please remember to put name, class & meal break on bag.**



Breakfast Menu

Cheese & Bacon Rolls	\$1.50
Cheeseymite Rolls	\$1.50
☉ Toasted Cheese Sandwich	\$1.20
☉ Raisin Toast (1 slice)	\$1.00
☉ Toast x 2 slices (vegemite / jam)	0.70c
☉ Seasonal Fruit	0.50c
☉ Calci-yum Milk (choc, straw, ban)	\$1.20
☉ Up & Go (choc, straw)	\$1.50
☉ Plain Milk	\$1.10
☉ Water	\$1.00
☉ Berri Juice	\$1.80
☉ Popper	\$1.10
☉ Milo – Hot / Cold	0.80c



Sandwiches & Wraps

☉ Jam / Honey / Vegemite	\$1.00		
☉ Ham / Chicken / Tuna / Devon / Egg	\$1.40	\$1.00	\$2.00
☉ Salad	\$2.00	\$1.80	\$2.60
Cheese & Bacon Roll	\$1.50	n/a	n/a
Cheeseymite Rolls	\$1.50	n/a	n/a



½ Full

Hot Food


Chicken Nuggets x 3	\$1.40
Chicken Nuggets x 6	\$2.50
Chicken Nuggets x 9	\$3.50
Hot Dog	\$1.50
Hot Dog ½ 	\$1.10
☉ Fried Rice	\$3.00
Noodle Cup	\$1.20
Lasagne	\$3.20
Pizza	\$1.50
Traveller Pie	\$2.20
Mini Pie 	0.75c
Sausage Roll	\$2.00
Dinosaur Snacks x 3	\$1.40
Dinosaur Snacks x 6	\$2.50
Dinosaur Snacks x 9	\$3.50
Potato Wedges	\$1.50

TOMATO / BBQ / SOY SAUCES = 20c
SOUR CREAM = 30c

Frozen Treats ...

Jelly Sticks	0.20c
Frozen Fruit Cups (Apple, Orange, Pineapple)	0.60c
Lemonade Twist Iceblock	\$1.00
Paddle Pop Moo	\$1.50
Paddle Pop	\$1.30

Healthy Snacks

Muffins - Lge 	0.80c
Mini Muffins	0.40c
Cookie	0.40c
Pikelets & Jam	0.60c
Hello Panda	0.60c
Real McCoy Chips	0.85c
Vege Chips	\$1.00
JJ Noodle Snacks	0.40c
Chocolate Mousse	0.60c
☉ Apple Slinky's	0.50c
☉ Yoghurt	\$1.50
☉ Rice Cakes	0.60c
☉ Sultanas	0.30c
☉ Fruit Straps	0.80c
☉ Cheese Sticks	0.40c
☉ Seasonal Fruit	0.50c

(Mandarins, Apples,
Bananas etc)



Salad Consists of:

Lettuce, tomato,
cheese, cucumber,
beetroot, carrot

- Mayonnaise
- Tomato
- BBQ
- Soy Sauce
- Mild Mustard

